



Workshop for Parents

Back-to-School Tips for Distracted, Defiant or Disrespectful Children

Sponsored by **School for Little Children**
and the **Children's Ministry Council of**
First United Methodist Church, Longview

Thursday, August 21, 2008

6:30p.m. - 8:30 p.m.

Parents

Do you need help calming your explosive household? Tired of yelling at, negotiating with and bribing your child to do homework? Do you want your child to take responsibility for his homework, morning routine and chores?

Join us for a humorous, practical workshop with best-selling author and nationally-recognized expert Kirk Martin, who has trained over 35,000 parents and teachers. Celebrate Calm specializes in working with intense children, including families affected by AD/HD, Anxiety, Sensory issues, Aspergers, Autism, ODD and OCD.

Martin will expose 5 common myths and provide practical strategies to:

- Create a Stress-Free home—eliminate yelling, arguing and whining.
- Channel disrespect and defiance into positive experiences.

- Help improve focus, attention and behavior in school.
- Develop vision, motivation and responsibility.
- Create stress-free discipline and homework time.

Martin will explain why your kids are bossy, anxious, and easily overwhelmed; sabotage friendships, demand fairness and say, "I'm bored"; like to argue, fidget, make noises or chew; have difficulty writing, sleeping and maintaining eye contact. Medication, nutrition and handling siblings will be addressed as well.

Martin, Celebrate Calm Director of Education, is a seasoned media guest, and in addition to numerous radio and TV appearances, has been featured on *National Public Radio*, *Good Morning New York*, and in *Parade Magazine* and *USA Today*.

Teachers, parents, grandparents and all caregivers are encouraged to attend.

Where: First United Methodist Church Faith Center
400 N. Fredonia St., Longview, TX

When: Thursday, August 21, from 6:30 p.m.-8:30 p.m.

Cost: \$5.00 per person

(NO CHILDCARE PROVIDED)

For more information, please contact Mary Greenwaldt, School for Little Children Director, at (903) 753-3121, or at maryg@longviewsflc.org. Additional information about Celebrate Calm, headquartered in the Washington D.C. suburb of Ashburn, Virginia, can be found by visiting www.CelebrateCALM.com.